

Useful Elder Resources in Teton County

prepared by SJCH and SCJH Revised July 2014

AARP Wyoming 866-663-3290 <http://www.aarp.org/states/wy>

- Statewide resource for seniors for health, financial security, housing and caregiving information.

Advanced Healthcare Directives, Living Will, POLST forms

Available from health care providers, SJMC social services, Institute for Cognitive Health, Senior Center of Jackson Hole

- The Five Wishes **1-888-594-7437** www.agingwithdignity.org
P.O. Box 1661
Tallahassee, Florida 32302-1661

Aging and Disability Resource Center (ADRC) 1-877-435-7851 www.wyomingadrc.org

Provides no cost service to connect elder and disabled Wyomingites and families to programs and support.

Adult Protective Services, Department of Family Services 307-733-7757 dfs.wy.gov

Support, education and services for exploited, neglected or abused elders.

Alzheimer's Support

- Alzheimer's Association **1-800-272-3900** www.alz.org
- Alzheimer's Foundation of America **1-866-232-8484** www.alzfdn.org
- SJMC Institute for Cognitive Health **307-739-7434** cognitive.tetonhospital.org

American Cancer Society 1-801-373-5886

Sharon Hinckley, Quality of Life Manager

Assisted Living

- River Rock Assisted Living, Jackson, WY **307-734-0500** www.riverrockalf.com
- Teton Peaks, Driggs, ID **208-403-7483**
- Homestead Care facilities in Rigby, St. Anthony & Rexburg, ID **208-351-8359**
- Warm Valley Lodge, Dubois, WY 82513 **307-455-2645** www.warmvalleylodgewy.com

Assisted Living Facility/Long Term Care Waiver Program, 1-855-203-2823

Caregiver Support

- SJMC Institute for Cognitive Health **307-739-7434** cognitive.tetonhospital.org
Education, information, referral, Lending Library & Support Groups
- Senior Center of Jackson Hole **307-733-7300** seniorcenterjh.org
Support Groups, Caregiver Training, National Family Caregiver Program

Community Resource Center 307-739-4500 www.crcjh.org

Assistance with food, gas vouchers, emergency resources, food bank, referral information.

Community Safety Network 307-733-3711 <http://www.csnjh.org>

Support and safe-house for victims of stalking and those living in domestic abusive situation

Department of Family Services 307-733-7757

- Office for food stamps, child and adult protection
115 W. Snow King Ave, Jackson, WY 83001
- Wyoming Department Website: <https://sites.google.com/a/wyo.gov/dfsweb>

Elder Care Advisors Carol Taylor, LCSW 307-413-2855 caroltaylor58@hotmail.com

Jayne Ottman, RN, MS **307-690-1025** jottman50@gmail.com

Geriatric care management offering compassionate & responsive care for elders and their families.

Emergency Shelter

- Good Samaritan Mission **307-733-3165**
285 W. Pearl, Jackson WY
(2 night max. – breakfast & dinner M-F; breakfast, lunch & dinner on weekends for shelter guests or hungry community members)

Employment

- Department of Workforce Services **307-733-4091** <http://wyomingworkforce.org>
Assistance with job retraining, employment placement, unemployment services
- Experience Works **307-746-4198** www.experienceworks.org
Job training & placement program for people age 55+

Energy Assistance

- LIEAP **1-800-246-4221/307- 875-1890** www.dfsweb.state.wy.us

Food

- Senior Center of Jackson Hole **307-733-7300**
Congregate meals served Mon-Fri at noon, home delivered meals, free food table (Jackson Whole Food Rescue), Friday Feast free meals 1st & 3rd Friday of the month
- Jackson Cupboard 170 N. Glenwood
Providing essential nutritious food for community members in need. Mon & Thurs 4:00-6:00, Wed 10:00-12:00
- Wednesday Night Community Dinners at the Presbyterian Church of Jackson Hole
1251 S. Park Loop Rd
- Community Lunch Program, Our Lady of the Mountains, weekdays
201 S. Jackson St.

Jackson Hole Community Counseling Center 307-733-2046 <http://jhccc.org>

Mental health counseling and support, 24 hour crisis line

Home Care Services

- Senior Center of Jackson Hole **307-733-7300** seniorcenterjh.org
In-home care services on a sliding fee scale as well as private pay options for personal care, companion care and housekeeping; contact Senior Center for Private Caregiver Registry
- St. John's Medical Center Home Health and Hospice **307-739-7465**
Offering Medicare certified in-home skilled nursing services, clinical social work, ancillary therapies, patient and family education and hospice care for end-of-life
- Here to Help, Inc. P.O. Box 1615, Jackson, WY **307-690-9328**

Providing licensed, bonded companion care, homemaking and pet services, certified nursing aide and nighttime assistance to western Wyoming's seniors

Housing

- Pioneer Homestead Apartments **307-733-9787**
Subsidized housing for seniors and people with disabilities
- Low Income Housing
 - Cedar Creek I Housing, 345 Rancher St, Jackson, WY **307-733-6634**
 - Dover Apts, 2000 Corner Creek Ln, Jackson **307-733-6634**
 - Jackson Apts, 2198 Corner Creek Ln Jackson WY **307-733-4535**

Latino Services

- Latino Resource Center 170 N. Glenwood, Jackson, WY **307-734-0333**
- El Puente 460 E. Pearl, Jackson, WY **307-739-4544**
(medical translation and interpretation services)

Legal Services

- Legal Aid of Wyoming **1-877-432-9955** <http://www.lawyoming.org>
Legal advice/assistance for those with limited income
- Teton County Access to Justice Center **307-734-9023**
Free civil legal services to qualified persons with referral to attorneys if needed

Medical Equipment

- Senior Center of Jackson Hole **307-733-7300** seniorcenterjh.org
Loan closet for walkers, wheelchairs, toilet risers, bath benches, etc
- Western Medical Equipment **888-406-2042/307-200-6222** tucker@westmed22.com
Portable oxygen and durable medical equipment supplier
- LinCare Oxygen and durable Medical Equipment supplier **307-733-9737** www.lincare.com
150 Scott Ln # A, Jackson

Medicaid Wyoming Department of Health 1-855-203-2936

Financial assistance for nursing home, inpatient hospital, hospice, long-term in-home waiver, assisted living waiver, acquired brain injury.

Medicare Assistance

- Senior Center of Jackson Hole **307-733-7300**
Trained volunteers to assist with Medicare issues
- Medicare Contact **1-800-633-4227**

Medication Assistance

- Senior Center of Jackson Hole **307-733-7300** seniorcenterjh.org
Limited assistance available for low income seniors
- Various patient assistance programs via pharmaceutical companies. Consult with local physician or pharmacist.
- Town of Jackson prescription discount card **1-888-620-1749** www.caremark.com/nlc
Discount cards available at Town Hall
- Teton County **1-877-321-2652** www.caremark.com/naco
Discount cards available at many public locations

Medication Disposal

- Teton County Public Health recycles non-narcotic medications 460 E. Pearl St., 733-6401
- Teton County Sheriff (all medications) 180 S. King, 733-4052

Medication Donation Program Wyoming Dept of Health, Wyoming Medication Donation Program
www.health.wyo.gov/healthcarefin/pharmacy/MedicationDonation.html, **307-635-1279**

Mountain House **307-732-1161** jhccc.org

Adult therapeutic outreach program with counseling, case management and referral & information for those with chronic mental illness. A program of Jackson Hole Community Counseling Center.

Nursing Homes

- St. John's Living Center, Jackson WY **307-739-7450** ltcdesk@tetonhospital.org
- For Nursing Homes in the region contact: medicare.gov/nursinghomecompare

Ombudsman Analyst Reader **307-856-6880** rivomb2@wyoming.com

Personal Emergency Response System (PERS)

- Life Line, St. John's Home Care Services, Jackson WY **307-739-7465**
- LinCare PAS (Personal Alert System) 150 Scott Ln # A, Jackson **307-733-9737**
- AssureLink 841 Oxford Dr, Idaho Falls, ID 83401 **208-523-2704** www.assurelink.net

Senior Center of Jackson Hole **307-733-7300** seniorcenterjh.org

Services for people age 60+ including congregate and home delivered meals, activities, transportation, home care assistance, personal care services, resource and referral

Social Security

- Rock Springs **(855) 881-0211**
- Idaho Falls **1-866-253-0489**
- National **1-800-772-1213** <http://www.ssa.gov>
Application, benefits/eligibility information, Social Security Disability and Supplemental Security Income

St. John's Medical Center **307-733-3636/307-739-7434** <http://www.tetonhospital.org>

Medical care, 24 hour ER, home health/hospice, long term care, support groups, education; home to St. John's Institute for Cognitive Health (memory disorders, cognitive impairment)

Substance Abuse Treatment Curran Seeley **307-733-3908** curranseeley.com

Assistance for individuals and families with alcohol and drug abuse issues including evaluation, treatment, support groups & education

- APEX Counseling **307-732-4199**
- Alcoholics Anonymous **307-733-5322**
- Alcohol & Narcotics 24 hour helpline **1-877-479-9777**

Tax Assistance

- Wyoming Tax Refund for Elder & Disabled **866-989-8901** www.health.wyo.gov
Applications available June-Aug at the Senior Center of Jackson Hole
- Property Tax Relief – Teton County Treasurer's Office **703-733-4770**

Teton County & Jackson Parks and Recreation 307-739-9025 www.tetonwyo.org/parks
Recreational activities including swimming, hiking, skiing, crafts, educational events for all community members, featuring special programming for seniors.

Teton County Chamber of Commerce 307-733-3316 wyomingchambers.com

Teton County Library 307-733-2164 tclib.org

Teton County Public Health 307-733-6401 www.tetonwyo.org/phn
Immunizations, flu shots, environmental health, education

Teton County Victim Services 307-732-8482 www.jacksonholepolice.com/vw.htm
Assistance for victims of crime

Teton Free Clinic 307-739-7492 www.tetonfreeclinic.org
Free health clinic for Teton County residents every Tuesday evening at 557 East Broadway (next to SJMC Living Center) from 5:30-7:45pm every Tuesday.

Transportation

- **START Bus 307-733-4521** 450 W Snow King Ave - Jackson startbus.com
Fixed route service
- **START Bus - ADA Bus 307-733-4521/413-4548**
One-day advance reservation; for disabled riders only
- **Senior Center of Jackson Hole Bus 307-733-7300**
Provides door-to-door service within town limits

UW Cooperative Extension Services 307-733-3087 www.uwyo.edu/cesfrm/

VA and Wyoming Military Department 800-833-5987 lmcgee@state.wy.us
State Veterans Service Officer Lori McGee can help U.S. Vets with an array of financial, legal, housing and health issues.

- Lori McGee, State Veteran Service Officer, Wyoming Veterans Commission 31 Leedy Drive, PO Box 66, Lander, WY 82520, Phone: **307-438-2101**, FAX 307-332-3766, **1-800-833-5987** lori.mcgee@wyo.gov

Volunteer Opportunities

Check with your favorite non-profit organization. Info available at Community Foundation of Jackson Hole, cfjacksonhole.org, Jackson Chamber of Commerce, civic and service organizations, St. John's Medical Ctr.

Volunteers of America Northern Rockies 307-672-0475 voanr.org

A faith-based nonprofit organization that provides affordable housing and other assistance services primarily to low-income people throughout the United States.

Wyoming Assistive Technology Resources (WATR) www.wy.lat4all.com 307-766-2051
Assistive and adaptive equipment

Wyoming Geriatric Education Center 307-766-2829 www.uwyo.edu/geriatrics
Program of University of Wyoming. Provides live and online training on topics including mental health, end of life care, chronic disease management, care transitions and

Alzheimer's disease and other dementias.

Wyoming Guardianship Corporation 307-635-8422 www.wyomingguardianship.org

Wyoming Independent Living Rehabilitation and Project Out(WILR)

1-800-735-8322 www.wilr.org

Wyoming Institute for Disabilities(WIND)

Adaptive aids, education, workshops for people with disabilities 1-888-989-9463

TTY: 1-800-908-7011 wind.uw@uwoyo.edu

Wyoming Military Department

wyo.gov/wyomingmilitarydepartment/home

Website: <http://WVC.wyo.gov>

Wyoming Seniors, Inc. 1-800-856-4398 P.O. Box BD Riverton, WY 82501

www.wyomingseniors.org

Wyoming Services for Independent Living wysil.org

Travel vouchers