

Torrie Gold Bullock, CHWC, NBHWC, LMC Development Officer

Torrie brings a people-first approach and a deep understanding of St. John's Health to her new role as the Foundation's Development Officer. After seven years in the St. John's Health wellness department, she enters development with a strong background in community engagement, strategic partnerships, and event coordination. Her credentials as a Nationally Board-Certified Health & Wellbeing Coach, along with her experience in project management and community wellness, offer a thoughtful and purpose-driven perspective on philanthropy—one grounded in empathy, connection, and intentional impact.

Originally from Georgia, Torrie earned her undergraduate degree in Business Management from the University of Georgia. Her career has spanned a wide range of roles, including account and operations management, as well as project management in both the marketing and construction sectors. Eventually, her passion for health and human connection led her to the wellness field, where she found her calling. Since then, she has helped lead impactful wellness programs, organized large-scale events, coached individuals toward lasting well-being, and forged meaningful partnerships and relationships within the organization and the broader community. This breadth of experience equips her with a versatile skill set well-suited for her new development role.

Outside of work, she enjoys life in Jackson with her husband Richard, their 16-month-old son Brooks, and two dogs. She loves organizing and redesigning spaces, finding joy in creating environments that feel both functional and inspiring. You'll often find her hiking local trails, taking long walks, fly-fishing, vacuuming (yes, really), or enjoying a yummy salad.

